



# Summer Junior Golf & Hockey Camp

THE Blair Oko  
GOLF ACADEMY  
TRAINING & CLUB FITTING CENTER



&

**KINSMEN  
ARENA**

## Dates

Golf & Hockey Camp	Golf Only Camp
July 12th - 16th \$365 + gst	July 5th - 9th \$199 + gst (no lunch)
	July 19th - 23rd \$199 + gst (no lunch)
	July 26th - 30th \$199 + gst (no lunch)
Golf Only Camp runs from 9:00 until noon	

## Golf & Hockey Schedule

8:30 am	Drop Off
9:00 am - 10:00am	Group A - dry land activities Group B - golf academy
10:00am - 11:15am	Group A - on the ice Group B - golf academy
12:00pm - 1:00pm	lunch buffet is served (pizza, hamburgers, pasta, salads, veggies)
1:00pm - 2:00pm	Group A - golf academy Group B - dry land activities
2:00pm - 3:15pm	Group A - golf academy Group B - on the ice
3:30pm - 4:00pm	Pick Up (please let us know what time you will be coming)

**GOALIES & RINGETTE  
PLAYERS ARE WELCOME!**

## IMPORTANT INFORMATION

- Participants will be grouped according to age:  
 Group A - 6 to 10 years (pre-novice, novice & atom)  
 Group B - 11 to 15 years (pee wee and bantam)
- Golf clubs & hockey equipment can be stored at the academy for the week
  - Each student will receive a hockey jersey!
  - Class is limited to 20 kids per group!  
(if camp does not fill, hockey only/golf only options will become available)

## WHAT WILL WE DO ALL WEEK?

First and foremost, we will have FUN FUN FUN!

### Hockey:

- skating development
- stick handling
- conditioning/stretching
- positional play
- rules of the game

### Golf:

- golf swing fundamentals
- irons & woods
- short game (putt, chip)
- rules & etiquette

**Our mission is to ensure the kids learn new skills, improve upon existing skills all while having fun! We do this in the hopes that they will continue to play & enjoy these sports into their adult years**



Lunch buffet for all kids will be provided daily!

During the week kids will play fun games like:

Dodgeball, Virtual Golf, Scrimmage during ice times



**Limited Space Available!**